



**KNOW
THE
DANGERS**
.COM

RECOVERY IS POSSIBLE

It begins by taking the first step: asking for help.

Recovery can be different for everyone, and there's a treatment that's right for you.

Detox

Detox involves medically supervised opioid withdrawal, also known as detoxification.

Residential

A residential "in-patient" treatment program is designed to surround you with the care you need 24/7. Participants typically have an individualized treatment plan.

Medication-Assisted Treatment

This approach combines medications, such as methadone, buprenorphine, or naltrexone, with counseling and behavioral therapies.

Behavioral Therapies

Working closely with a therapist, behavioral therapies aim to modify unhealthy behaviors, develop coping strategies, and encourage motivation for change.

Support Groups

Peer support groups like Narcotics Anonymous (NA) provide a supportive environment where individuals can share their experiences, receive guidance, and find encouragement from others in recovery.

Non-Residential

There are outpatient services where you commute to the treatment facility or counseling center for appointments.

Telehealth

If you live in an area without available care or cannot physically commute to treatment, telemedicine allows you to receive services via the Internet.



**RECOVERY FROM OPIOID ADDICTION IS POSSIBLE.
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