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OPIOID-YADA: AYNWADA- HADALNO HAL ILBIRIQSI

Saameynta dhibaataada opioid-ka ayaa ugu dhufatay Bulshada Hindida Mareykanka si kadaran bulshooyinka kale.

MA OGTAHAY

Hindida Mareykanka waxay **10x jibbaar u badan tahay** in ay u dhintaan daawo iska tan badin marka loo barbardhigo caddaanka ree Minnesota.

15% oo kamid ah ree Minnesota ee qaatay daaweynta dhibaataada isticmaalka opioid-ka **ayaa qeyb ka ah Bulshada Hindida Mareykanka.**

74% oo kamid ah dhimashada katimid daawo iska-badinta ayaa ku lug lahaa in kabadan hal daawo.

MAXAAD SAMEYN KARTAA?



Baro xaqiiqooyinka iyo khataraha.



Ogow sida loo ogaado kuuro iska-badinta.



Wax ka baro xulashooyinka daaweynta.



Qaado NARCAN®.



Iyo tan ugu muhiimsan, **bilow la sheekeysiga.**



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