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# OPIOID-YADA: AYNWADA- HADALNO HAL ILBIRIQSI

Bulshooyinka meelkasta oo ay joogaan waxay u baahan yihiin inay ogaadaan khataraha.

## MA OGTAHAY

47% ayaa u arka in ay jirto **ceeb** la xiriirta daroogada opioid-ka ee bulshadooda dhexdeeda.

40% ayaa sheegay in ay u sahlan **tahay qof** bulshadooda ah in ay marin-u-helaan xaddi badan oo opioid-ka la isu qoro ah iyaga oo aan u baahnayn ujeedo caafimaad.

42% ayaa sheegay in **ay garanayaan qof** qaba qabatinka ama u qabatimay opioid-ka ama xanuun baabi'yaasha la isu qoro.

## MAXAAD SAMEYN KARTAA?



Baro xaqiiqooyinka iyo khataraha.



Ogow sida loo ogaado kuuro iska-badinta.



Wax ka baro xulashooyinka daaweynta.



Qaado NARCAN®.



Iyo tan ugu muhiimsan, **bilow la sheekeysiga.**



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