

## START THE CONVERSATION

## Substance Misuse: Talking to Your Friends

It can be tough to talk to your friends about drug use, but the most important thing is letting them know you're there when they need you. To start the conversation, fill in the blanks below.

Hey \_\_\_\_\_, do you have a minute to talk? How have you been?

PAUSE TO LISTEN ...

I've noticed that you haven't been yourself lately. You haven't been coming to

SPORT, CLUB, OR HOBBY **for** AMOUNT OF TIME

NAMES OF FRIENDS and I miss you.

PAUSE TO LISTEN ...

I'm worried you might be using drugs. If it's pills or powders, you really never know what's in them and fentanyl is seriously scary.

NAME, I don't want to lose you.

I read that NARCAN<sup>®</sup> can stop an overdose and save a life. I want to make sure you're careful and prepared to help someone in case of an emergency. Want to go to LOCATION OF ORGANIZATION at DAY AND TIME with me and get some?



