

SIDA LOO ISTICMAALO

NALOXONE

01

Call 911
Wac 911 Isla
Markiiba



Haddii aad la joogto qofkale, ha waco inta aad bilaabayso tallaabooyinka xiga.

02

Diyaari
Naloxone



Haddii Aad isticmaalayso Cirbad

Tartiib cirbad uga soojiid dhammaan dareeraha ku jira dhalada. Xaqiiji inuu dareere ka buuxo, oo aysan hawo ku jirin.



Haddii Aad isticmaalayso Buufinta Sanka

Hold the device with your thumb on the plunger.

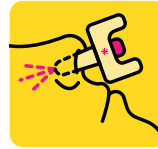
03

Sii
Naloxone



Haddii Aad isticmaalayso Cirbad

Ku dur muruq wayn. Saliingaha hoos u riix ilaa uu ka noqdo faaruq.



Haddii Aad isticmaalayso Buufinta Sanka

Afka aaladda geli sanka oo si adag u riix ganka.

04

Hubi Inuu
Neefsanayo



Haddii uu Neefsanayo

Qofka u dhig booska soo kabashada. (Madaxu barkan yahay gacan. Jilibku ka celinayo inuu dhinaca caloosha isu gediyo.)



Haddii UUSAN Neefsanayn

Neef ku afuuf ilaa gargaar uu ka yimaado. Madaxa gadaal-gadaal u dhig, sanka isugu qabo, afka ka afuuf 1 mar 5 ilbiriqsi kasta.

05

Sug 3
Daqiiqo



Haddii Uusan Jirin Isbeddel

Sii kuuro kale oo naloxone ah oo sii wad neef ku afuufidda badbaadinta ah.

FIIROOYIN GAAR AH:

Isdeji oo haku durin daawooyinka shaqada jirka kor uqaada. Ha dhax dhigin beeshinka qubeyska/shaawarka, hana istaajin qofka. Naloxone ma lahan saameyn maskaxeed ama mid jireed oo daran.



KA EEG BOGGEENA AGABKA SI AAD
UGA HESHO KHEYRAAD DHEERAAD AH
[KNOWTHEDANGERS.COM/TOOLKIT](https://www.knowthedangers.com/toolkit)

KNOW
THE
DANGERS
.COM