

# OPIOID-YADA MA

# AHAN QASHIN

## Waa tan sida si badbaado ah loogu qubo daawooyinka la isu qoro ee aan la isticmaalin.

Daawooyinka opioid ee ku soo haray guriga ayaa ah sababta hoggaaminaysa balwadda, iska tan-badinta aan loo qasdin, iyo qabatinka. Gaar ahaan dhalinyarada dhexdeeda. Balse haddii ay kuu taasho opioid lagu qoray oo aadan isticmaalin ama dhacday, isagama tuuri kartid qashinka. Taa beddelkeeda isticmaal mid ka mid ah saddexda xulasho ee hoose.



### XULASHADAADA UGU FIICAN: GOOBAHA LA GEEYO EE RASMIGA AH

Farmashiyaal badan, isbitaalo badan, iyo xitaa saldhigyada booliska waxay dib u qaataan daawooyinka aan la isticmaalin waxayna u qubaan si badbaado ah. Wax su'aala ah la isma waydiyo.



ISKAANGAREE SAWIRKA ISKAANKA SI AAD U HESHO GOOBTA LA GEEYO EE KUU DHOW.



### XULASHADA #2: MAALINTA QARANKA EE DIB U QAADIDA DAAWADA LA ISU QORAY

Lix bilood kasta, DEA waxay martigelisaa munaasabad qaran oo guryaha Mareykanka looga saarayo daawooyinka aan la rabin ama aan la isticmaalin. Ogow waxbadan oo ku saabsan Maalinta Qaranka ee Dib U Qaadida Daawada La Isu Qoray oo goobta kuugu dhow kahel halkan: [dea.gov/takebackday](https://dea.gov/takebackday)



### XULASHADA #3: FALAASH

Gurigaaga inaad ka saarto opioid-yada soo haray ayaa ka muhiimsan khatar kasta oo deegaanka ah. Taasi waa sababta hay'adda FDA ay u oggolaatay daawooyin ka kooban hydrocodone, oxycodone, morphine, iyo fentanyl in lagu falaasho musqusha.

[www.fda.gov/drugs/disposal-unused-medicines-what-you-should-know/drug-disposal-fdas-flush-list-certain-medicines](https://www.fda.gov/drugs/disposal-unused-medicines-what-you-should-know/drug-disposal-fdas-flush-list-certain-medicines)